

# HIBISCUS HERALD

## Hibiscus Coast Progress & Sports Assn

### PRESIDENT'S REPORT

It has been a very hectic period the past couple of months so I will keep this short. We have had the Australia Day party, Mega Markets, planning for the Car Show which unfortunately had to be postponed due to TC Debbie, and getting ready for our Annual General Meeting and then to top that off the massive clean up after the cyclone.

The Committee this past year has been working hard to continue with the good work that previous Committees have started. We are still waiting on news from Council in relation the walkway project.

The Car Show and Mega Market will be the biggest event the Progress Association has organized so far and that only happens with help from the community. The new date for the Car Show is the **1<sup>st</sup> and 2<sup>nd</sup> of July**. We will finalize the event over the next 2 weeks and put up flyers as soon as possible after that.

It is incredibly rewarding to see something you have worked for reach its conclusion and I encourage everybody to look at what you can do for your community.

The past weeks have shown the great level of community spirit we have here along the Hibiscus Coast. With all the good things that happened since TC Debbie it is not possible to mention everyone that contributed to the clean-up. I will make a special mention of some of the people I am aware of.

Please forgive me if I miss anyone, but John Mackay and Peter who cleaned up around the Progress Shed of a large number of fallen branches.

Katie Geiger and the Seaforth Pines donated food that could not be used at the camp that Jason and Tracey Morris cooked up at the Seaforth Units and invited any of the local community to come along for a Community BBQ.

Ross Daley and all the RFS members who worked incredibly hard and door knocked the area to ensure residents were safe. The RFS members from the various brigades around our area go mostly unnoticed.

But without these people we would be in a very poor position. I know there are other people who have also helped and to everyone I extend the thanks of all the community.

Please contact any of the 2017 Committee to ask what you can do for your community.

The Committee Members for 2017 are:

- Israel Vogiatzis (President) - [presidenthcpsa@gmail.com](mailto:presidenthcpsa@gmail.com)
- Beth Benson (Vice President) - [vicepresidenthcpsa@gmail.com](mailto:vicepresidenthcpsa@gmail.com)
- Len Turvey (Secretary) 0429 897045—[secretaryhcpsa@gmail.com](mailto:secretaryhcpsa@gmail.com)
- Frank Cowley (Treasurer) 0428 386621—[treasurerhcpsa@gmail.com](mailto:treasurerhcpsa@gmail.com)

The next bi-monthly meeting will be in June—date to be advised.

Until next time ....

*Israel Vogiatzis*



Seeking expressions of interest for  
**CHEAH TAE KWON-DO**

태권도  
Tae Kwon Do

**Beginners' Classes**



Friday night from 6.30pm to 8.00pm  
Cost \$15.00 per person

Starting first Friday in May (5th May)  
Seaforth Community Hall

If you would like to learn Cheah Tae Kwon-Do,  
contact Ross on **0498 066 088** so he can gauge level  
of interest.

## Tai Chi for Health Classes

**FRIDAYS: 9am to 10am**  
Seaforth School - Cost: \$5.00  
For more information please contact



Carol on  
49590 755

**NO BOOKINGS  
REQUIRED**

Join the fun and get fit with

## AQUA AEROBICS

CAPE HILLSBOROUGH  
NATURE RESORT POOL

**TUESDAYS: 9am to 10am**

\$5.00/class

Enquiries to **Sandy** on **4959 0821**

## **FITNESS can be FUN !!!**

Weekly sessions at the  
**SEAFORTH COMMUNITY HALL**  
**WEDNESDAYS - 9am to 10am**

with Qualified Instructors

**Cost is only \$10 per session - the FIRST CLASS is FREE !!**

**New Members** (regardless of age or ability)  
are **always made welcome** by this very friendly group.

More info from Narelle on **0428 135 759**  
or just turn up at 8.45am any Wednesday.

## SEAFORTH POLICE BEAT

Non urgent service: 131 444 In an emergency please call 000

Police Beat 4959 0056 Crime Stoppers 1800 333 000

(Provided by Officer in Charge—Senior Constable Adam McLoughlin)

As I write this the Seaforth and wider communities are still recovering from cyclone Debbie. It was amazing to see the community rally together during and after the cyclone. Thankfully we managed to come through relatively unscathed, especially compared to the Airlie, Bowen and Proserpine communities.

I received numerous positive comments from persons coming out to the area to assist in the clean-up. They all commented on the amazing community spirit and the willingness for everybody to pitch in and help out in many different ways. Proof of all the hard work was seen with just how quickly the area was cleaned up. The local businesses went above and beyond expectations and assisted where they could. This included being open for business (when they could have been at home cleaning up their own yards), allowing in-store credit, the use of equipment such as refrigerators and freezers, organising community BBQ's, and I'm sure there would be others that I'm not aware of.

If you owe money to any of the businesses I suggest that you pay it as soon as possible. No one wants to be named and shamed for taking advantage of the situation and the generosity provided to them. I would also suggest to support local business wherever possible. I would like to thank you all for your efforts and community spirit.

Stay safe, *Adam*

## MARKETS REPORT

As we all know TC Debbie put paid to the Car show in April but we will be going for it again on July 1<sup>st</sup> and 2<sup>nd</sup> again in conjunction with the Mega Markets.

We tried something new at the markets on Sunday 9th April. With help of Matt McGruer (The Pup), a recent arrival to the area, we held our first "Open Mic" session. The market on the day was one of the smaller markets for the month as it was the same day as the Troppo market. But still one of the visitors to the market was a drummer, another was a bass player and as well as Matt we had a really talented young local Jeremy Arena, playing lead and rhythm guitar. A very talented group of people. We also had a young lady Angela get up and do a few songs as well. It was a very entertaining morning and we will be doing this more over the next few months. Any locals who would like to get up and have a go just turn up on the day and feel free to do whatever.

The Markets area was cleaned up incredibly quickly with the Council and Don Smith on his tractor with the stick rake making short work of all the branches that were on the ground.

If anybody has any suggestions of things they would like to see at the markets please let any of the Committee know or make suggestions on the "Hibiscus Coast Progress and Sports Association" Facebook page.



People enjoying the Open Mic entertainers



This is where the car show was going to be. Better suited to a boat show on the day!

## Community Organisations/Clubs Contact List

### Police/Fire/Ambulance

Emergencies	000
Non-Urgent	131 444
Police Beat	4959 0056
Crime Stoppers	1800 333 000

### Fire Wardens

Seaforth Town—Bert Benson	4959 0669
Seaforth District—Steve Smith	0417 731 569
Chris Fredrickson	4959 0886 0429 067 134

### Emergency Liaison Officers

Charlie Symons (Seaforth Town)	0408 776 564
Jessica Newton (School area)	0409 587 128
Dwayne Shea (Cape Hillsborough Rd, Ball Bay & Holiday Bay)	0407 647 166

### Hibiscus Coast Progress & Sports Assn

- Israel Vogiatzis (President)  
*presidenthcpsa@gmail.com*
- Beth Benson (Vice President)  
*vicepresidenthcpsa@gmail.com*
- Len Turvey (Secretary) 0429 897 045  
*secretaryhcpsa@gmail.com*
- Frank Cowley (Treasurer) 0428 386 621  
*treasurerhcpsa@gmail.com*
- Market Co-ordinator 0400 446 876  
*seaforthmarkets@gmail.com*
- Carolyn Martin (Editor Hibiscus Herald)  
*editor.hibiscusherald@gmail.com* 0409 400249

### Community Hall/Sports Ground Enquiries

Maralyn Ross	0407 640 135
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### Mackay & District Bowmen

Mike Beard (President)	0439 677 293
Debbie Lamb (Secretary)	0407 022 906

### QCWA Seaforth

Mary Vassallo (President)	4954 0961
<i>pres.qcwaseaforth@gmail.com</i>	
Cottage Convenor	0476 394 849
<i>bookings.qcwaseaforth@gmail.com</i>	

### Red Hatters

Queen Joan	0401 208 003
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### Seaforth Boating Club

Cuneyt Fiyen (President)

### Seaforth Bowls Club

Clubhouse	4959 0201
<i>seaforthbowlsclub@bigpond.com</i>	
Paul Foot (President)	0419 658 576
Linda Nicolai (Ladies Pres)	0437 239 950

### Seaforth Ladies Tennis Assn

Hayley Windsor (President)	0419 404 082
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If you would like to add your Club/  
Organisation

contact details to this list, please phone  
Carolyn 0409 400249 or send details to  
*editor.hibiscusherald@gmail.com*

## CALENDAR OF UPCOMING EVENTS 2017

Month	Date	Event
MAY	Wed 3	QCWA Country Kitchens Workshop #2 at the QCWA Shed 9.30am
	Sun 14	Mother's Day—see Swauve Bistro Mother's Day menu (Page 5)
JUN	TBC	HCPSA Bi-Monthly Meeting
JUL	Sat 1 & Sun 2	Seaforth Car Show & Mega Market

## REGULAR HAPPENINGS in the COMMUNITY

Day	Time	Event	Contact	Contact No	
MON	9.00am	Hibiscus Dieters Club	Shirley	4959 0452	*
	9.00am	Monday Munchkins Community Playgroup at Seaforth State School 9-11am	Sarah	4959 0133	*
TUE	9.00am	QCWA Activity/Craft morning every Tuesday at "The Shed"	Carol Josie	0427 800 324 4959 0108	*
	9.00am	Aqua Aerobics (except during winter and school holidays)	Sandy	4959 0821	*
	1.00pm	QCWA Monthly Meeting 2nd Tuesday every month at "The Shed" after Craft	Mary	4954 0961	*
WED	9.00am	"Fitness can be Fun" Exercise Class (with a qualified instructor) (except during school holidays)	Narelle	0428 135 759	1
THU	9.30am	Health & Welfare Group (every second Thursday) 11 <sup>th</sup> May: possible lunch outing (to be confirmed at our 27 <sup>th</sup> April morning) 25 <sup>th</sup> May: Morning Tea & Cent Sale	Maralyn	4959 0332	1
FRI	9.00am	Tai Chi at Seaforth School (does not operate during school holidays)	Carol	4959 0755	*
		Free Women's Health Services—Mackay Base Hospital Women's Clinic every Friday—phone to book		4885 7200	*
SAT	8.30am	Seaforth Town Rural Brigade	Ross	4959 0298 0439 352 266	*
	8.30am	Ball Bay/Holiday Bay Fire Brigade (Training 1st Sat each month)	Gary	4959 0039	*
	4.00pm	Seaforth District Rural Fire Brigade (Members' Training 1st Saturday each month)	Wade	0419 510 198	*
SUN	8.30am	Seaforth Markets	Market Co-ord	0400 446 876	*
	9.00am	Mky & District Bowmen Shoot (1st & 3rd Sunday each month)	Mick	0439 677 293	*
	2.00pm	Garden Club (Last Sunday each month)	Sandy	4959 0821	*
	3.00pm	Mackay Home Grown Trading event at Kuttatubul Hotel—anyone can swap home grown food, jams, garden equip, etc	Naomi	0416 247 218	*

### Free Women's Health Services at Mackay Base Hospital Women's Clinic - Every Friday

Come and see the female doctors at the Women's Clinic at Mackay Base Hospital – referral not required and no cost as all services bulk billed. Come to ask about anything including Contraception, Pap Smears, Menopause, Sexual Health, Breast Health, Infertility, Counselling and more.

To make a booking phone **4885 7200**



## THE OLD STATION TEAHOUSE

Delicious Devonshire Teas—Espresso Coffee  
Light Lunches

**\*\* NOW OPEN 7 DAYS A WEEK \*\***  
from 9am to 3.30pm

Closed some public holidays  
CAPE HILLSBOROUGH ROAD

### Friday is Pizza Night Out

Enjoy Soup, Wood Fired Pizza, Salad & Sweets  
\$35.00 per person (BYO Alcohol welcome)  
Bookings are essential (before 5pm on the Friday)  
*ALSO AVAILABLE...*

Yummy Wood Fired Pizza for  
**SATURDAY & SUNDAY LUNCH TIME**  
Bookings advised - 49590 528

1. Community Hall  
\* Contact the individual for venue information

**LOCAL SERVICES**

**MOBILE LIBRARY**

WED May 3, 17 & 31  
Jun 14 & 28

**Ball Bay**

10:30 am-11:30 am

**Seaforth School**

12:30-2:00 pm

**Seaforth Beach**

2:30 pm- 4:15 pm

**RECYCLE BIN DAYS**

MON May 8 & 22  
June 5 & 19

**SEAFORTH  
WASTE TRANSFER  
STATION (The Tip)**

Open  
Thursday, Friday,  
Saturday, Sunday  
7am to 5pm



**LOCAL NEWS & NOTICES**

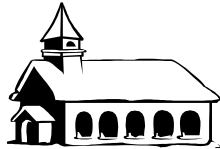
**Position Vacant at the Seaforth Boating Club  
Caretaker—Voluntary Position**

Free accommodation and all your electricity expenses covered in exchange for caretaking duties at the club. This position requires basic administration skills and grounds maintenance.

So if you enjoy outdoor/boating/fishing activities this is the perfect opportunity for you.

Call Nate for further information **0470 455 754**

**Seaforth  
CHURCH SERVICES**



**Uniting Church** – 9.00 am  
1st & 3rd **Saturday** each month

**Star of the Sea Catholic Church** - 7.00 am  
every Sunday

**Seaforth Health and Welfare Group  
CENT SALE & MORNING TEA**

**Seaforth Community Hall  
THURSDAY, 25th MAY - 9.30am**

\$8 admission

includes Morning Tea & Lucky Door Ticket

\* Door Raffle \* Cent Sale Tickets: \$5 per sheet

*Lots of good practical cent sale prizes.  
Everyone most welcome !!*

**Enquiries & bookings for newcomers to Maralyn 49590 332**

**Wood Chip For Sale**

The Hibiscus Coast Progress & Sports Assn has wood chip available for sale.

Cost is \$10.00 per trailer load and you must be able to collect yourself.

Pay at the HCPSA Book Stall at the Markets.

For enquires phone  
**Len Turvey on 0429 897 045**

**Do you need the services of a JP ?**

We thank the following Commissioner for Declarations and/or Justices of the Peace who have made their names available for this newsletter. Please phone them to arrange a convenient time.

Debbie Roberts	Seaforth	4959 0229
Doug Scells JP (Qual)	Haliday Bay	4959 0241
Adele Roulston JP (Qual)	Haliday Bay	0458 164 825
Vicki McGuren JP (Qual)	Ball Bay	4959 0074
Jennifer Borg	Kuttabal area	4954 0487
Mavis Gibson JP (Qual)	Mt Jukes area	4959 0447

Some of the above volunteers work during the day and may not be available at the time of your choosing. Please show some consideration when arranging a time suitable to both parties to avail yourself of this service.

Should you be new to our area and have these qualifications and would like to be included on the list, please contact  
editor.hibiscusherald@gmail.com.

**DO YOU** have any local notices, interesting stories, photographs or simply a good joke you would like to share with your local community.



Send your contributions to the Hibiscus Herald Editor via email  
editor.hibiscusherald@gmail.com.

*Deadline for the June 2017 issue is Thu 18th May.*

**LOCAL COMMUNITY PLAYGROUP  
Monday Munchkins**

Calling all children under school age - Come and join our playgroup on **Monday mornings from 9am - 11am at Seaforth State School** — Cost \$2.00 each week

Playgroup helps children

Playgroup helps adults

Hope to see many new and old faces and all those happy munchkins! For any further information please call **49 590133** during office hours (Seaforth State School).



**LOCAL SERVICES**



**SEAFORTH BOWLS CLUB**

for BISTRO BOOKINGS & \*COURTESY BUS BOOKINGS

**Phone 49590 201**

\*Courtesy Bus available from  
5.30pm FRIDAYS and 6.00pm SATURDAYS

**EVERY WEEK**

**FRIDAYS:** 5.00pm until sold Raffles  
7.00pm to 7.30pm Membership Draw  
(must be a financial member & in attendance to win)

**SATURDAYS:** Goose Club drawn at 3.00pm (tickets avail all week)  
FREE Sausage Sizzle at 3.00pm  
FREE Jukebox nights

Available from the bar every day..  
Pizzas - \$12.00 (Members) / \$14.00 (non-members)  
Homemade Chunky Beef Pies by Chef Stacey - \$6.00

**ENTERTAINMENT from 7.30pm**

Fri 29 May Annette Worthington  
Fri 16 Jun Nathan Kennedy  
Fri 14 Jul Significant Other "Rock and Roll Night"

**"Swauve" Bistro**

**Mother's Day on Sunday 14th May**

will be a set menu of \$20 per head

Crispy chicken with mash and cranberry gravy  
or Fish, chips & salad  
or Seafood Pasta

or Rib Fillet (at market price)

With a choice of dessert

Baked white chocolate cheese cake with berry coulis  
or

Sticky date pudding with caramel sauce and cream

**Make a booking so Mum doesn't miss out!**

**BOWLS PLAYING DAYS:**

**WEDNESDAY:** Ladies Competition & Mixed Social - 1pm start  
(Dress: Club or neat casual & footwear)  
New Players on Wednesday most welcome!!!  
Phone **Wendy 49590 641**

**FRIDAY:** Mixed Medley Pairs - 1.30pm start  
(Dress: Mufti/shoes preferred)  
Names on the board by 1.00pm

**SATURDAY:** Men's Competition and/or Social - 1.30pm  
Names on the board by 1.00pm

**FIRST SUNDAY EVERY MONTH:** Mixed Social - 1.30pm start.  
Names on the board by 1.00pm

**NEW PLAYERS ARE ALWAYS WELCOME !**

**Very Social Barefoot Bowls starting up Friday Nights**

Come along and have some fun on the following dates  
starting at 6.45pm until 9pm. Names down by 6.00pm.

**Seaforth Town Rural  
Fire Brigade**



We were lucky! TC Debbie barged her way into Airlie and Proserpine just 35 nautical miles north from Seaforth. Rural Brigades from Townsville to the NSW border, along the coastal strip, sprang into action. With caravan parks flooded, a tent city sprang up in south east Queensland to accommodate 250 Rural Fire volunteers and 80 trucks from NSW.

Our three local Brigades and five other Brigades assisted Police in door knocks on the Hibiscus Coast, checking to see if people were safe, or needed help. Brigade chainsaws also had a good workout.

Special thanks to Don Smith and his crews for their assistance. Thanks also to Roger Sharp, for keeping a reserve of diesel fuel, for emergency vehicles.

DEBBIE ALSO HAD A CLEAR MESSAGE. Don't become complacent. In the Cyclone season, we must be prepared to tough it out without assistance for hours or a number of days, so have water, food, a battery operated radio and auxiliary lighting in good working order.

**HAVE A FIRE PLAN - IF ITS ON FIRE,  
GET OUT, AND STAY OUT**

John Byrne



**SEAFORTH COMMUNITY HALL, SPORTS GROUND AREA  
& EVENING COURT HIRE**

For bookings and enquiries contact  
**Maralyn Ross 49590 332 or  
0407 640 135**

**COUNCILLOR REPRESENTATIVES  
FOR OUR AREA**

These councillors are the contact point for any council related concerns:-

Cr. Laurence Bonaventura 0427 638 673  
Cr. Ross Gee 0438 549 002

or you can lodge a Council  
Customer Request by  
phoning **1300 622 529**





Mackay: 07 4944 0662 Canberra: 02 6277 4539

### Here to help in the wake of Debbie

Cyclone Debbie threw all she had at us but we're still standing. I want you to know as your Australian Government representative we're here to support you in your time of need. We've contributed 75% of the Natural Disaster Relief funding, including hardship payments. To claim a hardship payment, phone 1800 173 349. We're contributing 100% of the funding for the Australian Government's disaster payments. To apply for a disaster payment, phone 1802266. If you're having issues with assistance or insurance claims, phone my office on 4944 0662.



In the wake of Cyclone Debbie I met with Paul and Dawn Eakin, of Proserpine, whose home was damaged in the storm.

### Help for farmers and small biz owners

Our farmers and small business owners are the backbone of our region and we are very aware they may be suffering as a result of Cyclone Debbie. To help alleviate the pressure, small business owners, primary producers and those operating non-profit organisations in both the Mackay and Whitsunday local government areas are eligible for concessional interest rates loans for direct damage of up to \$250,000 to repair or replace damaged plant, equipment and buildings as well as replace stock. These are offered at an interest rate of 1.16% and no other fees apply. There are also Essential Working Capital Loans of up to \$100,000 available for small businesses (including non-profit organisations) and primary producers who have suffered a significant loss of income as a consequence of Cyclone Debbie.

This can help businesses continue operations for the next 12 months, or until the next major income is received, to cover salaries and wages, paying creditors, paying rent or rates, procuring fodder or water for livestock or produce (primary producers), procuring alternative logistics solutions, such as transportation of livestock or produce (primary producers), fuel and other supplies essential to the business.

There are also grants for non-profit organisations of up to a maximum of \$5,000 to assist with recovery from the disaster, for example repairing or replacing damaged plant, equipment and buildings, and supplying stock for up to a month. I would encourage all small business owners, all primary producers and those who run non-profit organisations to read up on the information available and check your eligibility.

Visit [www.qraa.qld.gov.au](http://www.qraa.qld.gov.au) or phone 1800 623 946 with queries. Primary producers can also access freight subsidies of up to \$5,000 to assist with the movement of emergency fodder for livestock, building or fencing materials, machinery or equipment, fuel, animals purchased for restocking and transport of produce to market. Visit [www.daf.qld.gov.au](http://www.daf.qld.gov.au).



Businesses and shopfronts in Proserpine were significantly damaged during Cyclone Debbie.

### Anzac Day resources for schools

Our school children throughout the Hibiscus Coast received books and posters to help them grasp Australia's wartime history and commemorate Anzac Day. I think it's very important that every generation understands the costs and impacts of war, both on the battlefield and at home, and the books explore the stories of individuals who made decisions that saved lives and influenced the outcomes of battles and wars.

The posters encouraged reflection and discussion of two very different but important events in our history – the Third Battle of Ypres and the 100<sup>th</sup> anniversary of the Battle of Beersheba. Schools received two books: *Decision: Stories of leadership in the services* about the influence of Australian leaders during wartime and *A Bitter Fate: Australians in Malaya and Singapore, December 1941 – February 1942*. The two posters commemorated the centenaries of the Flanders Offensive and the Sinai–Palestine Campaign. These materials helped our school-aged children develop an appreciation of the service and sacrifice of all those who have served in defence of our nation over the past 100 years, and those who continue to serve today. Learning activities are available for free download from the [Anzac Portal](http://anzacportal.dva.gov.au) at <http://anzacportal.dva.gov.au>.

### Tourists staying longer and spending more

Despite cyclonic events such as the recent Debbie disaster, it's encouraging to know more people from overseas are visiting our beautiful Whitsundays, and they're staying longer and spending more. A new International Visitor Survey shows 248,000 international visitors travelled to the Whitsundays for the year to December 2016, and they collectively spent \$204 million. This is great news for the Whitsundays and the 5325 tourism jobs in the region.

The increase represents a 19% boost on the previous year. Our visitors to the Whitsundays are staying on average for seven days and are spending 25% more, with the average spend being \$823 a person. The survey shows the Whitsundays tourism industry continues to register strong growth, and that's driving local jobs. We, the Australian Government, are also encouraging domestic visitors to actively support our region following recent events, and are also acting to further harness growth in tourists from key Asian nations including in China and Indonesia. The International Visitor Survey is available on the Tourism Research Australia website: [www.tra.gov.au](http://www.tra.gov.au).



Hi all, QCWA Seaforth Branch is back on track after copping a battering and flooding from Cyclone Debbie. We would like to extend our well wishes to those that are suffering from any hardships from the cyclone, and that we have a Public Rural Crisis Fund (PRCF) for those that are desperately in need. To access the PRCF please contact any member for details.

On the home front Cyclone Debbie did upset our schedule as the Country Kitchens Workshop #2 had to be postponed - it is now being held on **3rd May, 2017** and workshop number 3 we will advise the date to those in attendance at the 3rd May workshop.

Our **Cookery Competition plus International Day** is being held on **Saturday 27th May** with a 1.30pm start.

All **Cookery entries must be in by 12.15 pm** to be eligible for judging and you don't need a Country Life voucher to enter but we do have a Category sheet on what entries can be entered. These can be emailed to you. If anyone is interested please contact Cooking Convenor Mary Vassallo on 4954 0961 or email [marrvass@skymesh.com.au](mailto:marrvass@skymesh.com.au)

Our **QCWA Cottage** will not be rented out for a while due to the laundry being flooded and it has to be inspected by an insurance assessor before we can repair and rent again. Sorry for the inconvenience it has caused to some.

Because of Cyclone Debbie my only contact is via email as our land line has been down since the 27th March (two weeks and not fixed yet!). Anyone wanting information about our Branch or upcoming events please ring Vice President Carol Tandridge on 4954 6590 or mobile 0427 800 324 or contact any of our members. Hope all went well over the Easter break and hopefully all is nearly back to being okay again.

Our meetings are held every second Tuesday of the month at 1.00pm. We currently have 17 members but there is always room for more. Come over to our shed at 3 Margaret Street and meet some lovely chatty ladies on any Tuesday morning (from 9.00am) for our craft session.

Do your own craft or we can teach you if you want to learn a new one. We have on hand a sewing machine and overlocker if you are interested in sewing. If you are not interested in craft come and enjoy a cuppa and have a chat. Time is free but all we ask for is \$3.00 to cover essentials and morning tea.

If you would like any information about our Branch and the QCWA you can contact Mary Vassallo (President) on 4954 0961 or Carol Tandridge (Vice President) on 0427 800 324.

**Happy Mother's Day !**

Mary Vassallo  
President

Join us at the **QCWA Shed, Seaforth on Wednesday 9.30am to 1.30pm**

**Workshop 2—03/05/17**

**Workshop 3—To be advised**

Cost \$50 including morning tea, lunch, nutrition information, shopping bag, apron, tea towel and foodie journal)

For further information, please send an email to **Mary Vassallo** [pres.qcwaseaforth@gmail.com](mailto:pres.qcwaseaforth@gmail.com) or **Carol Tandridge** [carolnco@hotmail.com](mailto:carolnco@hotmail.com) or [countrykitchens@qcwa.org.au](mailto:countrykitchens@qcwa.org.au)



Healthier. Happier.



The Country Kitchens program is a \$2.5 million Queensland Government funded initiative targeted at improving the health of those living in rural and remote Queensland. The program is being run by the QCWA.

Over the next few months you have the opportunity to participate in Healthy Eating Workshops which are being hosted by the QCWA Seaforth Branch in our green QCWA Shed in Margaret Street, Seaforth.

The \$50 cost covers you for the three workshops, morning tea, lunch and other goodies handed out at the Workshop. There is **limited capacity so please make a booking** so you don't miss out.

Phone **Mary** on 4954 0961 or **Carol** on 0427 800 324 to book

**Congratulations Merrilyn**

These are two of the photos that won Merrilyn Paskins from Seaforth four Sections in the QCWA Photography Competition.

Merrilyn will now compete against other QCWA Branches at Pioneer Division level. Good luck Merrilyn!

The QCWA Seaforth Branch level competition was judged by local artist Susan Riley Gee.



The Management Committee of the Hibiscus Coast Progress & Sports Assn is most appreciative of the support received from



**4957 4288**  
6 Turner Street,  
South Mackay  
[www.payneprint.com.a](http://www.payneprint.com.a)

who copy and fold this newsletter at a special rate thus enabling us to bring you this local information at no cost to the reader

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 arkticaircon@gmail.com



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 Antenna and Satellite installations  
 Anything electronically controlled  
 Call me first—Use Wayne’s Brains  
 Local, Fast and Friendly Service  
**Phone 0477 087 341**

**Crusty's Bakery “SUMTHIN NICE”**  
 food van (no hot food)  
**every Friday at the Leap Hotel**  
 2pm to 6pm  
 (weather permitting excl public holidays)  
**Call Veronica or Destiny**  
 4951 1353 for orders

**Hebel Garden SCULPTURE CLASSES**  
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To advertise in the Hibiscus Herald,  
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**The History of Seaforth** book is available at the following outlets.  
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- HCPSA Stall at the Sunday Markets
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*Happy Mother's Day*

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